

# WISCONSIN



MASTERS SWIMMING

## NEWSLETTER

June • July 2024

### FROM THE CHAIR ...

Congratulations and good luck to the almost 100 swimmers going to short course nationals! There will be a lot of new faces attending their first nationals, so find an "experienced" Wisconsin swimmer to ask questions of. The head coaches will be **Fred Russell** and **Dave Clark**.

Dave will be sending an email asking about relays and times for the different strokes. This email should come within the next week, so check your regular email and your spam folder, in case it gets sent there. Please respond to them promptly. Have fun, and enjoy the experience!

The **Wisconsin Open Water Swim** features a 1000 M and 1500 M wetsuit and non-wetsuit categories. Registration is still open, but closes on June 8, at 11:59 pm. There's still room in all events, and one-event registration is accepted.

The link for entries is,

[https://www.clubassistant.com/club/meet\\_information.cfm?c=2649&smid=18229](https://www.clubassistant.com/club/meet_information.cfm?c=2649&smid=18229).

For those interested, you could swim the open water event, and still have plenty of time to travel to the LCM meet at Schroeder, later in the day.

Registration for the LCM State meet at Schroder is now open. This is the only LCM meet this summer. Here is the link to the entry page,

[https://www.clubassistant.com/club/meet\\_information.cfm?c=1176&smid=18647](https://www.clubassistant.com/club/meet_information.cfm?c=1176&smid=18647). Warmups begin at 12:00 pm. The deadline for entries is June 10, at 11:59 pm.

While the short course nationals has not been contested yet, the LCM nationals is open for registration. The location is Mission Viejo, CA, and the dates are August 21-25. There is a small group of Wisconsin swimmers that will be going, so think about joining us.

Here's the link,

<https://www.usms.org/events/national-championships/pool-national-championships/2024-pool-national-championships/2024-summer-national-championship>.

Wisconsin Masters Swimming's Annual Meeting will be October 5. All positions will be available for election, so if you are interested, please contact me at WChair@usms.org, and we can discuss the responsibilities for each position.

With summer upon us, enjoy the weather, swim outside, and follow your teammates at nationals.

Yours in swim,

**Mary Schneider**

Wisconsin Chair



**Wisconsin Masters Swim  
Committee Officers****Chair: Mary Schneider**  
WChair@usms.org**Vice Chair: OPEN**  
WIViceChair@usms.org**Registrar: Julie Paque**  
[WRegistrar@usms.org](mailto:WRegistrar@usms.org)11237 N Lilac Ln  
Mequon, WI 53092  
626-676-1740**Coaches: Fred Russell**  
WCoaches@usms.org**Communications**  
Carl Millholland  
WEditor@usms.org**Fitness: Melodee Liegl**  
WIFitness@usms.org**Officials: Susan Wagner**  
WOfficials@usms.org**Long Distance/Open Water:**  
Jennifer Vallo  
WILongDistance@usms.org**Safety: Jerry Lourigan**  
WISafety@usms.org**Sanctions: Melinda Mann**  
WISanctions@usms.org**Secretary: Jen May**  
WISecretary@usms.org**Top Ten: Jeanne Seidler**  
WITopTen@usms.org**Treasurer: Mike Murray**  
WITreasurer@usms.org**Auditor: Elyce Dilworth**  
WIAuditor@usms.org

## Short Court Nationals

Our **Wisconsin Regional Club (WISC)** joins over 330 US Masters and international swim clubs for this years 2024 Spring Nationals in Indianapolis, Indiana.

Our roster includes 42 Women and 55 Men (97 total), swimming in 422 individual events.

The Wisconsin coaches for Indy 2024 are:

- **Fred Russell**  
Email— ebscfredrussell@yahoo.com  
262-617-4665
- **Dave Clark**  
Email- wfbmasters@gmail.com  
414-306-0800

### Relays

If you not yet signed up for relays, please use the link below:

<https://docs.google.com/forms/d/e/1FAIpQLSc9MuAvbRfNcOxsn0uQyMBwqmjuX91GqWjITp-hw4qXQ3ep0A/viewform?vc=0&c=0&w=1&flr=0>

**Psyche Sheets** are available online at

[https://www.swimphone.com/meets/event\\_order.cfm?smid=17760](https://www.swimphone.com/meets/event_order.cfm?smid=17760)



## Hotel for Spring Nationals

This year's Spring Short Course Nationals (2024) will be held in Indianapolis from June 20-24. We have booked a room block at the Drury Hotel in Northeast Indianapolis. The [hotel](#) is about a 20 minute drive to the IUPUI pool. Wisconsin swimmers have stayed at several Drury hotels in the past and have found them quite suitable for a Nationals meet.

**You must make reservations by Sunday, May 19, 2024 to receive our Group Rate, and must book at least two nights.**

**To register, use this link:**

[www.druryhotels.com/bookandstay/newreservation/?groupno=10086887](http://www.druryhotels.com/bookandstay/newreservation/?groupno=10086887)

Reservations may also be made by calling 1-800-325-0720 and referring to group number 10086887 (Wisconsin Masters Swimming).

We encourage you to book early and let's go Wisconsin Masters Swimming!

## Wisconsin Open Water Swim

*It's not too late!*

Fox Brook Park, 2925 N. Barker Rd, Brookfield, WI  
 Registration for Wisconsin's Only USMS Sanctioned Open Water Swim.

Currently 45 swimmers have signed up, including several new faces. We have lots of One Event and Unattached swimmers. Join us!

Club	Total
Illinois Masters	6
NCH Wellness Center	1
New Berlin	1
Northbrook IL	2
One Event	17
Unattached	9
WISC	9
<b>Grand Total</b>	<b>45</b>

Check-in 7:30-8:20 am

Pre-Race Water Safety Team Meeting: 7:45 am

Warm-ups: 8:00-8:20 am

Mandatory Race Instructions for Swimmers and National Anthem/Pledge of Allegiance: 8:20 am

Start of Race: 8:30 am

Awards: approx: 10:00 am



WISCONSIN OPEN WATER SWIM

## Brookfield Fun Meet Was As Much Fun as You Can Get!

Thank you for attending Saturday's swim meet. I hope that you had fun. A special thanks to the Special Olympic swimmers that joined us.

I also want to thank the following people that helped to make the meet run so smoothly:

The timers from **Elmbrook Swim Club**. One of the officials noted that they listened to instructions and were diligent in performing their responsibilities. I would add that they were very polite.

Our officials **Diana** and **Susan**, who may have interpreted the rules so that our Special Olympic swimmers could participate and have fun.

Darryl for running the timing system. He spent the entire day at the pool as he ran the timing sys-

tem for the age group meet that preceded our meet.

**Jim** and **Jay** who ran the computer. A thankless but very necessary job.

**Julie** the lifeguard. Thankfully her services were not required.

I hope to post some photos and video on the Wisconsin Masters web site. Check it out in a few days at

<https://www.wisconsinmastersswimming.com/>

Let me know if you have any questions or concern.

**Mike Murray**

Meet Director

WMAC.Swim.MeetDir@Gmail.com

## Chicago River Swim Fundraiser

**Carl Millholland**

Several Wisconsin swimmers have applied to and have been accepted for inaugural Chicago River Swim, September 22, 2024, hosted by [A Long Swim](#), a Chicagoland 501(c)3 non-profit organization that is dedicated to raising funds for collaborative ALS research using open water and marathon-distance swimming

All swimmers are expected to meet fundraising milestones for ALS and local learn-to-swim programs for at-risk youth. To find one (or more) of your favorite swimmers, go to <https://runsignup.com/Race/Donate/IL/Chicago/ChicagoRiverSwim> then search for your friend's name.

Now before you cringe at the thought of swimming in the Chicago River, event organizers are quick to point out that "the Chicago River is at its cleanest levels on record." Water quality is being constantly tested and will be assured safe on the day of the swim.

For those of you have swam or will swim in Big Shoulders, I remind you the river's main channel is fed directly from Lake Michigan. Every time the Chicago Harbor Lock opens, more than 250,000 gallons of lake water flow into the Chicago River and head downstream. The event's swim course will be set entirely in the main channel.

The swim course is a one-mile loop starting near State Street, traveling downstream to Wacker Drive and back, passing under six iconic Chicago River drawbridges. Organizers have include several safety measures, including a closed course (no boats) marketing with GPS buoy markers, jet skis, kayak marshals and mandatory personal swim buoys.

**Whether you are a swimmer or a spectator, the event looks to a ton of fun!**



1911 Chicago River Marathon Swim

## New Short Course Records (Women)

Age Group	Event	Time	Swimmer	Date	Location
Women 30-34	50 BREAST	30.18	Jenny Holtzen	3/3/2024	Classic Dave Clark Memorial
Women 30-34	100 BREAST	1:05.40	Jenny Holtzen	3/3/2024	Classic Dave Clark Memorial
Women 30-34	100 IM	59.65	Jenny Holtzen	3/3/2024	Classic Dave Clark Memorial
Women 30-34	500 FREE	5:06.57	Jenny Holtzen	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 40-44	200 FREE	2:02.59	Catie Anderson	5/9/2024	2024 YMCA Masters Nationals - FL
Women 40-44	500 FREE	5:29.58	Catie Anderson	5/9/2024	2024 YMCA Masters Nationals - FL
Women 40-44	50 BACK	28.73	Lindsay Newport	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 40-44	50 FLY	27.39	Lindsay Newport	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 40-44	50 FLY	26.84	Lindsay Newport	5/9/2024	2024 YMCA Masters Nationals - FL
Women 50-54	200 IM	2:28.10	Lisa Hayes	5/9/2024	2024 YMCA Masters Nationals - FL
Women 50-54	50 FREE	26.63	Tracy Kellner	5/9/2024	2024 YMCA Masters Nationals - FL
Women 50-54	100 FREE	59.90	Tracy Kellner	5/9/2024	2024 YMCA Masters Nationals - FL
Women 65-69	100 BACK	1:19.10	Laurie Alioto	1/21/2024	Founders Meet at Pabst Farms YMCA
Women 65-69	100 BACK	1:17.93	Laurie Alioto	3/3/2024	Classic Dave Clark Memorial
Women 65-69	200 BACK	2:45.69	Laurie Alioto	3/3/2024	Classic Dave Clark Memorial
Women 65-69	50 FREE	30.48	Laurie Alioto	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 65-69	100 FREE	1:06.55	Laurie Alioto	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 65-69	100 IM	1:15.78	Laurie Alioto	3/23/2024	2024 Wis State SCY Champs at Schroeder
Women 65-69	50 FREE	31.07	Melinda Mann	3/3/2024	Classic Dave Clark Memorial
Women 65-69	50 FREE	28.74	Melinda Mann	5/9/2024	2024 YMCA Masters Nationals - FL
Women 65-69	100 FREE	1:04.97	Melinda Mann	5/9/2024	2024 YMCA Masters Nationals - FL
Women 65-69	50 BACK	35.52	Melinda Mann	5/9/2024	2024 YMCA Masters Nationals - FL
Women 65-69	100 BREAST	1:22.71	Melinda Mann	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	200 FREE	2:58.83	Susan Swedler	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Women 70-74	500 FREE	7:49.41	Susan Swedler	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Women 70-74	200 BREAST	3:38.09	Susan Swedler	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Women 70-74	200 IM	3:30.28	Susan Swedler	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Women 70-74	400 IM	7:19.14	Susan Swedler	3/10/2024	2nd Annual Pete Bardak Memorial Masters Meet - IL
Women 70-74	500 FREE	7:37.33	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	1000 FREE	15:20.38	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	100 BREAST	1:39.76	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	200 BREAST	3:34.63	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	200 IM	3:26.03	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL
Women 70-74	400 IM	7:12.05	Susan Swedler	5/9/2024	2024 YMCA Masters Nationals - FL



## New Short Course Records (Men)

Age Group	Event	Time	Swimmer	Date	Location
Men 25-29	200 IM	1:58.86	Kevin Van Cleave	3/9/2024	Spartan Splash - McFarland
Men 30-34	200 FREE	1:47.03	Ryan Finke	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 30-34	500 FREE	4:46.65	Tyler Hines	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Men 30-34	1000 FREE	10:02.94	Tyler Hines	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 30-34	1650 FREE	16:51.73	Tyler Hines	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 30-34	400 IM	4:12.37	Tyler Hines	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 45-49	200 FREE	1:49.79	Andrew Babcock	5/3/2024	ILMSA Masters State Meet - IL
Men 45-49	100 FREE	49.32	David Parkins	5/9/2024	2024 YMCA Masters Nationals - FL
Men 45-49	100 BREAST	1:01.20	David Parkins	5/9/2024	2024 YMCA Masters Nationals - FL
Men 45-49	200 IM	2:04.88	David Parkins	5/9/2024	2024 YMCA Masters Nationals - FL
Men 55-59	50 FREE	23.49	Todd Kellner	5/9/2024	2024 YMCA Masters Nationals - FL
Men 60-64	50 BREAST	30.95	Gregory Blommel	2/11/2024	Water Wolves SCY Meet at Sun Prairie West HS
Men 60-64	50 BREAST	30.59	Gregory Blommel	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 60-64	100 BREAST	1:08.81	Gregory Blommel	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 60-64	500 FREE	5:37.15	Larry Wooley	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 70-74	50 FREE	26.87	Dean Fochios	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 70-74	100 FREE	59.32	Dean Fochios	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 70-74	200 FREE	2:12.04	Dean Fochios	3/23/2024	2024 Wis State SCY Champs at Schroeder
Men 70-74	50 FREE	26.67	Dean Fochios	5/9/2024	2024 YMCA Masters Nationals - FL
Men 70-74	500 FREE	6:02.27	Dean Fochios	5/9/2024	2024 YMCA Masters Nationals - FL
Men 70-74	1000 FREE	12:13.82	Dean Fochios	5/9/2024	2024 YMCA Masters Nationals - FL

**Wisconsin Masters Swimming Facebook Group**

The new Wisconsin Masters Swimming page is live with 161 members and counting.

We are seeing people join from across the state, sharing news about pool and open water swims in their area. You do not need to be a USMS member to join, just interested in adult swimming.

**Join today and invite your swimming friends!**

Go to: <https://www.facebook.com/groups/154332632463104/>

Wisconsin Masters Swimming  
4455 N Frederick Ave.  
Shorewood, WI 53211