

WISCONSIN



MASTERS SWIMMING

NEWSLETTER

December 2023 • January 2024

FROM THE CHAIR ...

Greetings Masters Swimmers!

The Wisconsin masters swim season is in full swing! The first meet of the season was held in Baraboo on Nov 5, with 36 registered swimmers. It was a fun time in a fast pool, with socializing and reminiscing about swims after the meet at the Baraboo Bar & Grill. The second meet was held December 2, at West Bend, with 81 registered swimmers. There was a lot of socializing around the pool deck as swimmers reconnected with each other.

Remember to complete the Wisconsin Water Warriors entry form, even if you don't think you swam that many yards. Some categories did not have any entries in past years, so try your hand at swimming as many yards as you are able to commit to. Here's the link to the entry form, <https://www.wisconsinmastersswimming.com/c/4DE7542/file/Meet%20Information/WWW2023.pdf>. You have until December 31, 2023 to complete your swims.

There are several events coming up in 2024. There is a virtual meet hosted by the Oshkosh Masters. It is their "Animal" award in which you can earn an embroidered towel for accomplishing the animal feat. It will run from January 1 through January 31. The Entry Form is included on page 5 of this newsletter. On January 21, the annual [Founders Meet](#) at the Oconomowoc Pabst Farms will be held. Check the Wisconsin Masters website for details.

As we near the end of the year, please remember to

renew your USMS membership. The registration fee is \$70, and you must have a current registration to participate in 2024 meets.

The link to register is:

<https://www.usms.org/>.

Click the Join button on the Home page.



There are a few events to put on your calendar for 2024. First, our State short course yards meet will be held at the Schroeder Aquatic Center on Saturday, March 23. Next, USMS short course nationals will be held June 20-24 in conjunction with Olympic Trials in Indianapolis, although the events will be at different pools. Third, the LCM State meet will be held at the Schroeder Aquatic Center on Saturday, June 15.

That same day, Wisconsin's Open Water Meet will be held, but earlier in the morning. It will be possible to attend both events if you so desire. In July, there will be the USMS National Open Water events in Stillwater, MN. On July 20, the sprint distance event will be held, which is a distance of 1 mile, and on July 21, the Long-Distance event will be held,

(Continued on page 2)

**Wisconsin Masters Swim
Committee Officers****Chair: Mary Schneider**
WChair@usms.org**Vice Chair: OPEN**
WIViceChair@usms.org**Registrar: Julie Paque**
WRegistrar@usms.org
11237 N Lilac Ln
Mequon, WI 53092
626-676-1740**Coaches: Fred Russell**
WCoaches@usms.org**Communications**
Carl Millholland
WEditor@usms.org**Fitness: Melodee Liegl**
WIFitness@usms.org**Officials: Susan Wagner**
WIOfficials@usms.org**Long Distance/Open Water:**
Jennifer Vallo
WILongDistance@usms.org**Safety: Jerry Lourigan**
WISafety@usms.org**Sanctions: Melinda Mann**
WISanctions@usms.org**Secretary: Jen May**
WISecretary@usms.org**Top Ten: Jeanne Seidler**
WITopTen@usms.org**Treasurer: Mike Murray**
WITreasurer@usms.org**Auditor: Elyce Dilworth**
WIAuditor@usms.org

which could be between 3 and 6 miles. Lastly, USMS Long Course Nationals will be held in Mission Viejo, CA August 21-25. Gather up your friends and plan on attending one or more events!

As 2023 comes to a close, let us remember the Wisconsin swimming greats who have passed on before us: **Betty Lorenzi, Geoff Mykleby, John Bauman, and Alex MacGillis.**

Enjoy a wonderful holiday season!

Mary Schneider

Wisconsin LMSC Chair

Hotel for Spring Nationals

Next year's Spring Short Course Nationals (2024) will be held in Indianapolis from June 20-24. This time frame overlaps with USA Olympic Trials, also held in Indianapolis (June 15-23). USMS Nationals will be held at the IUPUI pool, while the Olympic Trials take place in Lucas Oil Stadium.

We have booked a room block at the Drury Hotel in Northeast Indianapolis. The [hotel](#) is about a 20 minute drive to the IUPUI pool. Wisconsin swimmers have stayed at several Drury hotels in the past and have found them quite suitable for a Nationals meet.

You must make reservations by Sunday, May 19, 2024 to receive our Group Rate, and must book at least two nights.

Rates - All rooms Double Queen beds

Thursday 6/20 \$176.00 (+tax)

Friday 6/21 and Saturday 6/22 \$185.00 (+tax)

Sunday 6/23 \$176.00 (+tax)

To register, use this link:

www.druryhotels.com/bookandstay/newreservation/?groupno=10086887

Reservations may also be made by calling 1-800-325-0720 and referring to group number 10086887 (Wisconsin Masters Swimming).

The last time USMS Sprint Short Course Nationals were held in Indianapolis in 2018, we pressed our membership for a large showing, and won First Place among Regional Teams.

If you have adult children in college or recently in college, we encourage you to encourage them to join this year's team. In 2018, we fielded several relays of all ages, which really put us over the top.

We encourage you to book early and let's go Wisconsin Masters Swimming!

Get Ready to be WOWed

Mark your Calendars — Saturday, June 15, 2024

Wisconsin Open Water Swim

Swim fast and you may win a sought after WOW

Swim pint glass!

WOW Swim logo caps generously provided by
Blue Seventy.



Wisconsin Masters Swimmers at the USMS Open Water Nationals in South Dakota (Lake Oahe). David was first in his age group (55-59) with a 51.32, and Jim Brandon (55-59) was 3rd with a 57.32. Gerald Palmer was 2nd in the 71-74 age group with a 59.11. Lynn Ascione (55-59) was 2nd with a 52.41, Laurie Alioto was 1st (65-69) with a 53.33, and Cathy Paulson (65-69) was 2nd with a 1:21.43. L to R on the picture is Gerald, Lynn, David, Laurie, and Jim. (Cathy not pictured)

BE AN ANIMAL!!!

2024 Oshkosh Animal Award Virtual Swim Meet

SPONSORED BY: The Oshkosh YMCA Workout Group of the WI Masters Aquatic Club

TIME: January 1, 2024 through January 31, 2024

LOCATION: Any local pool. SCY, SCM or LCM.

ELIGIBILITY: Open to all registered U.S. Masters Swimmers 18 years old or older. This event is **NOT** a sanctioned or recognized event. Times are not eligible for USMS Top 10 consideration. Times are not eligible for USMS or State records, All-American or All-Star consideration.

ENTRY FEE: \$38.00. Checks should be made payable to **OSHY Masters Swimming**. All proceeds will be given to the Oshkosh YMCA Age Group Dolphin Swim Team.

ENTRY DEADLINE: All entries must be received by February 10, 2024.

EVENT DIRECTOR: Melinda Mann, 2970 Waldwic Lane, Oshkosh, WI 54904. Email:

melindajmann@yahoo.com Home: 920-233-0510 Cell: 920-420-4425

AWARDS: All swimmers who complete the Animal challenge will receive an embroidered towel in honor of their achievement. Awards will be mailed at the end of February 2024.

RULES: This event needs to be completed in a 3 hour time period. Times can be recorded manually, electronically or with a smart watch. This event operates on the honor system. To earn the ANIMAL AWARD, a swimmer must finish Option#1 or Option#2

Option#1: The 1000 freestyle, plus the choice of four of the following:

400 IM, 200IM, 200 Butterfly, 200 Breaststroke, 200 Backstroke or 200 Freestyle

OR

Option#2: The 400 IM, plus the choice of four of the following:

200 IM, 200 Butterfly, 200 Breaststroke, 200 Backstroke or 200 Freestyle

NOTE: Order of events is the swimmer's choice.

ANIMAL AWARD ENTRY FORM

Name: _____

Email address: _____

Phone Number: _____

Address: _____

Gender: ___ Male ___ Female **DOB:** _____

USMS Number: _____ **Club:** _____

Pool type: ___ SCY ___ SCM ___ LCM

Events:	Time:
1000 Freestyle	_____
400 IM	_____
200 IM	_____
200 Butterfly	_____
200 Breaststroke	_____
200 Backstroke	_____
200 Freestyle	_____

Events may be completed in any order.

Date event completed: _____

Mail completed entry form and \$38.00 check payable to OSHY Masters Swimming to:

Melinda Mann, 2970 Waldwic Lane, Oshkosh, WI 54904

I certify that I completed the Animal Challenge within the 3 hour time period as per the guidelines of this event.

Signature: _____ **Date:** _____

2023-2024 Meet Calendar

Location and Registration	
Sunday 11/05/2023	Baraboo Jack Young Middle School SCY
Saturday 12/02/2023	John Bauman Memorial SCM at West Bend West HS
11/01/2023 – 12/31/2023	Wisconsin Water Warriors Fitness Event
Sunday 01/21/2024	Founders Meet at Pabst Farms SCY
Virtual	Oshkosh “Animal” Meet
Sunday 02/11/2024	Sun Prairie West SCY Meet
02/16-17/2024	WIAA State High School Boys Championships
Sunday 03/03/2024	Whitefish Bay SCY Meet
Saturday 03/9/2024	McFarland SCY Meet at McFarland HS
Saturday 03/23/2024	Wis. Masters State SCY Champs at Schroeder
03/31/2024	Easter Sunday
TBD	YMCA Masters Nationals Champs (SCY)
6/20-24/2024	USMS Nationals Champs SCY Indianapolis, IN
TBD	Wausau SCY USA-Approved Meet, Age Group and Masters
06/08/2024 (Tentative)	Summer Fun Meet at Brookfield East High
Saturday 6/15/2024	Wis. Masters State LCM Champs at Schroeder
Saturday 6/15/2024	Wisconsin Open Water Swim Fox Brook Park Brookfield, WI
Wed – Sun Aug 21-25/2024	USMS Nationals Champs LCM Mission Viejo, CA

Testing Your Mettle in Meters – West Bend Meet

The West Bend swim meet is the only short course meters meet in Wisconsin. It was held on December 2 with 81 registered swimmers, with about 30 relays contested. Swimmers were strategizing for those looking to break a state record, others who just wanted to swim a relay, and others who broke a state record and didn't even know it at the time. Relays were fluid, so if one person didn't show up for a relay, another swimmer was pulled onto the relay.

Since relay age groups are a composition of the 4 swimmer ages, interesting combinations can be had. The mixed 280-319 400 Free Relay combined Don Jackson (83), Gerald Palmer (73), Mary Schneider (71), and Julie Hall (55), who was the ringer on the relay. A new state record was set by over 3 minutes! The "old guys" relay in the 320-359 age group set a new record in the 200 Medley relay. The swimmers were Don Jackson, George May, Martin Hahm, and Keith Manson. There were several more relays with record breaking swims.

A number of other interesting happenings occurred at the meet. The JCC women combined for the first time to swim 3 different relays. To celebrate their unity, they each had a JCC swim cap with their name printed on it! We also saw a swimmer competing for a new workout group in Fond du Lac, as well as a swimmer from a new group in Pulaski (near Green Bay). There was a huge contingency from SWAT Masters, as a percentage of their total workout group. We also welcomed a good number of swimmers from Illinois, who were also looking to set some of their state records.

As a way of adding a little bit more spice to the meet, several gift cards were given out. One swimmer came all

the way from Florida, and won a gift card for coming the furthest. The two oldest swimmers were George May (86) (who still maintains his breaststroke form), and Martin Hahm (82), who swam 6 individual events plus relays, and set a new record in the 200 IM.

Hats off to **Mike Murray** for a very well organized and well run meet, and to Susan Wagner for heading the officials crew.



Record setting 400 Free Relay (L-R) Gerald Palmer, Julie Hall, Donald Jackson and Mary Schneider

