

Wisconsin Masters Swimming

August 2017/ September 2017

O N D E C K . . .

WI LMSC Officers

Chair: James Biles

WIChair@usms.org

Vice Chair: Jeanne Seidler

WIViceChair@usms.org

Coaches: open

WICoaches@usms.org

Editor: Mary Schneider

WIEditor@usms.org

Fitness: Melodee Nugent

WIFitness@usms.org

Officials: Susan Wagner

WIOfficials@usms.org

Long Distance and Open

Water: James Biles

WILongDistance

@usms.org

Registrar: Trina Schaetz

WIRegistrar@usms.org

236 N. 110 Pl

Wauwatosa, WI 53226

262-751-9144

Safety: Jerry Lourigan

WISafety@usms.org

Sanctions: Jeanne Seidler

WISanctions@usms.org

Secretary: Mary Schneider

WISecretary@usms.org

Top Ten: Jeanne Seidler

WITopTen@usms.org

Treasurer: Mike Murray

WITreasurer@usms.org

Auditor: Elyce Dilworth

InternalAudit@USMS.org

Webmaster: Mindy Seidler

WIWebmaster@usms.org

Facebook Page: <https://www.facebook.com/pages/Wisconsin-Masters-Swim-Committee/186883398012961>

Wisconsin Masters website: <http://www.swim-wimasters.org/>

USMS All Americans and Top 10 Times for 2016-2017 SCY Season

USMS has the preliminary results for the Top 10 times of the past SCY swim season. There were 95 top 10 times achieved by Wisconsin swimmers. There were 58 top 10 times achieved by the women, and 37 top 10 times achieved by the men. Melinda Mann topped the list with 8 individual top 10 times, including 3 All-American 1st place finishes in the 50 Breast, 100 Breast, and 100 Fly. The 50 and 100 breaststrokes were also national record setting times. Next were Lisa Hayes and Candy Christenson, each with 7 top 10 times. On the men's side, David Parkins and Greg Hollub both achieved 6 top 10 times. They were followed by Andrew Babcock with 5 top 10 times.

Top 10 times for Relays were achieved by 39 relays. All-American first place relay status was achieved by one 35+ 800 Free Men's Relay, and two 18+ Women's Relays, the 200 Free Relay and the 800 Free Relay. In addition, there were second place finish times for the Women's 25+ 200 Medley Relay, the Mixed 35+ 200 Free and 200 Medley Relays, and the Mixed 65+ 400 Medley Relay.

To view the details of all the results, please use the following links:

Individual

[2017 USMS Top 10 SCY for Wisconsin LMSC](#)

Relays

[2017 USMS Top 10 SCY Relays for Wisconsin LMSC](#)

Final Summaries of SCY Season

McFarland SCM Meet

by Steve Justinger

Forty-three swimmers registered for the Short Course Meters swim meet on April 22, 2017. The swim meet was held in the Angie O'Donnell Aquatic Center at the McFarland High School. The swimmers ranged from fresh faced newcomers to wrinkled veterans. The McFarland Masters were especially well represented, and accounted for half of the records set. Congratulations to record setters: Max, Ryan, Derrick, Brandon, Jenny, Rachel, Jason, David, Carl, Gary, and Fred. Thanks to all participants.

Coach Wrap-Up of SCY Nationals in Riverside, CA

by Fred Russell, WMAC National Coach

The (39) swimmers that competed the weekend of April 27-30, 2017 raced to a Fourth place in the Combined Regional Team category with the women taking Second and the men Fifth in their divisions!

The team scored 847 points with nearly everyone involved individually or on relays. The top five scoring leaders for the ladies included: Nancy Krampitz (51) points, Ashley Bolin (48) points, Lisa Hayes (46) points, Trina Schaetz (41) points, and Leah Schneider (40) points. The men were led by: Dave Parkins (39) points, Andrew Babcock (36) points, Daryl Stich (29) points, Tom Grisa (20) points, and Larry Mueller (16) points.

The 2017 WMAC National Champion list included:

Lisa Hayes 45-49 Mile

Ashley Bolin 25-29, 1000 Freestyle

John Bauman 85-89, 50 Breaststroke

Dave Parkins 35-39, 50 Breaststroke

Leah Schneider 30-34, 200 Butterfly

The Relay Champion list included:

18+Women's 200 Free Relay 35+Mixed Medley Relay

Ashley Bolin

Dave Parkins

Ellie Meinholz

Trina Schaetz

Leah Schneider

Andrew Babcock

Marissa Yontz

Erin Schneider

From the coaching perspective, this was a solid group with swimmers from multiple programs well prepared and ready to swim at a National level. This team supported one another while doing a good job taking care of personal preparation and recovery. This competition started with top distance swims on Thursday and continued right through the closing 50 Breaststrokes on Sunday! Many swimmers had "Masters life time bests."

A few final coaching observations:

- 1) The three swimmers that did the "Ironman combination" of the mile and 1,000 free, Lauren Jensen, Andrea Gableman and Larry Mueller were incredible.
- 2) Peter Allen showed a resurgence and even a relay medal on an 18+ relay!
- 3) Andrew Babcock's 200 free/200 fly double was successful!
- 4) John Bauman swam and won the 50 Breast.
- 5) The (30) and under crew of Ashley Bolin, John Henry Dasinger, Andrea Gableman, Carl Kaiser, Ellie Meinholz, Maddie O'Keefe, Adam Trafton and Marissa Yontz were super racers and teammates.
- 6) Tim Anderson, Cindy Buteyn, Richie Fischer, Barb Lemm all "medaled" in their first Nationals.
- 7) Julie Van Cleave's fist pump after her great mile was special!

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(Wrap-up of Master Nationals continued from page 2)

- 8) Bobby Wu was a great team photographer and swam best times!
- 9) "Auntie Chris" Stich had some nice races (after injury) and helped counsel our younger ladies. Husband Daryl scores the (29) points.
- 10) Sue Bonis "medaled" after a tough health year.
- 11) Jane Dillon Stuart had a solid meet, faster than the previous year scoring (20) points!
- 12) Tom Grisa had his best Nationals scoring (20) points and having his best finishes.
- 13) Erin Schneider anchored the National Champion Mixed 35+ 200 Medley. Close finish!
- 14) My "peeps" Clark Knuth, Mike Murray and Larry Mueller "medaled" individually!
- 15) Mary Schneider had her fastest Nationals.
- 16) Jen May had her best 1000 Free by (20) seconds and a 100 Breast time that was faster than her high school time!
- 17) Lisa Hayes wins the mile in her first National swim!
- 18) Shelley McCarthy takes 4th in her first ever 400 IM!
- 19) Mark Pfalzgraff had a strong meet and swam on two State Record Relays!
- 20) Mark Steinhafel's solid 100 Free and State Record Relays.
- 21) Trina Schaetz set a new State Record in the 100 IM and had great relay splits.
- 22) Nancy Kranpitz led all scorers at the meet showing the youngsters how to compete!

I want to thank this team for making time for this meet and being part of the team. I enjoyed working, swimming and getting to know everyone!

National Senior Olympics, Birmingham, AL June 5-7

A small contingency of Wisconsin Masters swimmers participated in the National Senior Olympics in Birmingham, AL in early June. Candy Christenson, Jane Dillon-Stewart, Bill Payne, and Mary Schneider, all took the journey to participate in the games, after qualifying at the Wisconsin Senior Olympics. This was another opportunity to swim in a championship meet, in a wonderful pool. The community responded by providing volunteers to help register athletes and run the games. The swimming portion of the games ran smoothly, thanks to all the volunteers. Each of the Wisconsin swimmers placed in multiple events, with first place finishes by Bill Payne in the 50 yd Fly, and Jane Dillon-Stewart in the 100 yd IM. The next Wisconsin Senior Olympics will be held Sept 10, at the Shorewood pool. This year and 2018 will be qualifying years for the next National Senior Olympics held in Albuquerque, NM, in 2019. Ages 50 and up are able to participate in the games.



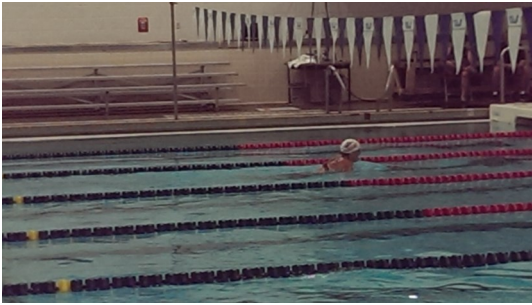
Left: Mary Schneider and
Candy Christenson

Best of Luck to the 2017 LCM National Team

There are 45 Wisconsin Masters swimmers who will be participating in the LCM USMS National Meet held in Minneapolis, MN, August 2-6. Many of the swimmers are new to participating in a national meet, and come from many areas of the state. You can follow the action by viewing results at the 2017 LCM results found here <http://www.usms.org/content/nationals>. The team will be coached by Fred Russell, who has coached the national team for a number of years. Go WMAC!

State LCM Meet, June, 17

Thanks to Jeanne Seidler and her dedicated family, along with James Biles for organizing and running the state LCM meet. This is the only LCM meet held in Wisconsin during the long course season. The meet ran very smoothly, thanks to the officials. There was a lot of fast swimming, as evidenced by the 45 individual new state records, and the 4 relay state records. One of the new state relay records was for the Men's 280-319 age group. This was a group of guys currently 70 and over, who competed against each other in high school. How's that for a long time rivalry! Now, they get to swim together for Wisconsin. See the picture and comments below. For other swimmers, this was a chance to get back into competition after an absence, and for a few others, it was a warm-up for competition at long course nationals.



Breaststroke event at State meet



Swimmers ready to start their race

Salute to New LCM State Record for Men's 280-319 200 Free Relay



L-R: Tom Meehan, Larry Mueller, Art Luetke,
and Greg Hollub

Comments from Art Luedtke about the relay swim:

Super swim you guys! ... and to our anchorman Tom, who swam his 50m without a breath! For kicks, I know that there's two pacemakers between us, and I have two stents. By the way, the old record of 2:23.20 was from 8/1/1988, set by Herb Howe, Perry Rockwell, Earl Huxhold, and Lynn Surles. May our Record last just as long.

New State Records are Up-To-Date

Below and following are the new state records for SCY, SCM, and LCM. All records are now up-to-date. If you achieved a new state record that is not recorded, please contact Jeanne Seidler, by email, at WIViceChair@usms.org, giving details of which meet you achieved the record at, the date, the state the meet was held in, the event, and the time.

New State Relay SCY Records

Age Group	Event	Time	Names	Meet
W 18 +	200 Free Relay	1:38.93	Ashley Bolin, Elle Meinholz, Leah Schneider, Marissa Yontz	CA
M 55 +	200 Free Relay	1:37.96	Mark Steinhafel, Mark Pfaltzgraff, Tom Grisa, Gregory Blommel	CA
M 55 +	200 Medley Relay	1:51.86	Tom Grisa, Gregory Blommel, Mark Pfaltzgraff, Mark Steinhafel	CA
Mixed 18 +	200 Free Relay	1:32.11	Adam Trafton, John Henry Dasinger, Ashley Bolin, Marissa Yontz	CA

New SCM State Record Tribute

by Dave Watts

My swims at Milford, MI, on 3/18/2017, bettered the previous Wisconsin records in the 800 and 400 SCM free. It was with humility and respect that I went for the record of the late Morgan Byers. I knew he was a Wisconsin swimming legend, and revered coach at Whitefish Bay for many years. In going for his record, I followed the precept in his obituary: "Always do your best and you'll have nothing to regret." Even though I will never be the swimmer Morgan was, I am honored to have been able to eclipse the 800 SCM mark he set 25 years ago. I will be lucky if the record I set lasts a month.

New State Individual SCY Records

Age Group	Event	Time	Name	Meet
M35-39	200 Free	1:46.34	Andrew Babcock	CA
M35-39	100 Fly	51.97	Andrew Babcock	CA
M35-39	100 Breast	1:00.01	David Parkins	WI
M45-49	200 Free	1:53.60	Mark Larkin	
M55-59	200 IM	2:16.07	Tom Grisa	CA
M55-59	400 IM	5:01.60	Tom Grisa	CA
M70-74	200 Free	2:23.64	Greg Hollub	FL
M70-74	1000 Free	14:08.84	Greg Hollub	FL
M70-74	1650 Free	22:55.58	Greg Hollub	FL
M70-74	50 Back	35.83	Greg Hollub	FL
M70-74	100 Back	1:18.55	Greg Hollub	FL
M70-74	200 Back	2:57.29	Greg Hollub	FL
M70-74	50 Fly	34.51	Greg Hollub	FL
M70-74	100 IM	1:13.71	Greg Hollub	FL

New State Individual LCM Records

Age Group	Event	Time	Name	Meet
W18-24	400 Free	4:44.46	Jenny Holtzen	WI
W18-24	200 Breast	2:48.95	Jenny Holtzen	WI
W18-24	400 IM	5:22.69	Jenny Holtzen	WI
W25-29	200 Fly	2:39.92	Rachel Mensch	WI
M18-24	50 Free	24.15	Ryan O'Donnell	WI
M18-24	200 Free	2:12.30	Max Schimanski	WI
M18-24	50 Fly	25.44	Ryan O'Donnell	WI
M25-29	200 Free	1:15.07	Brandon O'Donnell	WI
M25-29	200 Back	2:15.03	Derrick O'Donnell	WI
M25-29	50 Breast	30.16	Derrick O'Donnell	WI
M25-29	100 IM	58.97	Derrick O'Donnell	WI
M25-29	200 IM	2:14.67	Derrick O'Donnell	WI
M45-49	200 Back	2:38.27	Jason Martin	WI
M65-69	200 Free	2:49.11	David Watts	WI
M65-69	400 Free	6:02.79	David Watts	WI

New State Individual SCY Records

Age Group	Event	Time	Name	Meet
W18-24	50 Fly	25.65	Marissa Yontz	CA
W25-29	200 Free	1:56.36	Ashley Bolin	CA
W25-29	100 Free	52.36	Hannah Saiz	
W25-29	500 Free	5:04.75	Hannah Saiz	
W25-29	1000 Free	10:10.67	Hannah Saiz	
W25-29	100 Fly	54.74	Hannah Saiz	
W25-29	200 IM	2:09.45	Ashley Bolin	CA
W25-29	400 IM	4:34.80	Ashley Bolin	CA
W30-34	200 Fly	2:21.04	Leah Schneider	CA
W40-44	100 Breast	1:07.93	Trina Schaetz	CA
W40-44	100 IM	1:02.09	Trina Schaetz	CA
W45-49	200 IM	2:24.44	Lisa Hayes	CA
W60-64	50 Free	27.61	Melinda Mann	FL
W60-64	100 Breast	1:16.55	Melinda Mann	FL
W60-64	200 Breast	2:55.55	Melinda Mann	FL
W60-64	50 Fly	29.77	Melinda Mann	FL
W60-64	100 Fly	1:07.26	Melinda Mann	FL
W60-64	100 IM	1:09.40	Melinda Mann	FL
W70-74	100 Free	1:21.92	Candy Christenson	FL
W70-74	500 Free	8:12.05	Candy Christenson	FL
W70-74	1000 Free	16:13.24	Candy Christenson	FL
W70-74	50 Breast	44.83	Candy Christenson	FL
W70-74	100 Breast	1:43.72	Candy Christenson	FL
W70-74	200 Breast	3:55.07	Candy Christenson	FL

New State Individual SCM Records

Age Group	Event	Time	Name	Meet
M65-69	800 Free	12:27.24	David Watts	MI
M65-69	200 Back	3:10.41	Carl Millholland	WI
M65-69	200 IM	3:24.03	Carl Millholland	WI
M80-84	50 Free	39.97	Gary Bezella	WI
M85-89	50 Back	1:01.84	Fred Salzman	WI
M85-89	50 Back	1:01.84	Fred Salzman	WI
M85-89	100 Back	2:14.96	Fred Salzman	WI
M85-89	200 Back	4:44.37	Fred Salzman	WI
M85-89	200 Breast	6:41.10	Fred Salzman	WI

New State Individual LCM Records

Age Group	Event	Time	Name	Meet
M70-74	50 Free	31.21	Tom Meehan	Schroeder
M70-74	100 Free	1:13.23	Tom Meehan	Schroeder
M70-74	200 Free	2:47.94	Greg Hollub	Schroeder
M85-89	200 Free	4:43.41	Fred Salzman	Schroeder
M55-59	400 Free	5:04.98	Mark Pfaltzgraff	Schroeder
M55-59	400 Free	4:52.99	James Biles	Schroeder
M85-89	400 Free	9:46.31	Fred Salzman	Schroeder
F25-29	800 Free	10:34.01	Molly Woodford	Schroeder
M55-59	800 Free	10:14.45	James Biles	Schroeder
M55-59	50 Back	34.01	Thomas Grisa	Schroeder
M65-69	50 Back	42.82	Bruce Bader	Schroeder
M70-74	50 Back	39.71	Tom Meehan	Schroeder
M55-59	100 Back	1:13.05	Thomas Grisa	Schroeder
M55-59	200 Back	2:43.27	Thomas Grisa	Schroeder
M65-69	200 Back	3:38.01	Bruce Bader	Schroeder
M85-89	200 Back	4:44.40	Fred Salzman	Schroeder
M60-64	50 Breast	37.51	Robert Hoganson	Schroeder
F70-74	50 Breast	54.55	Candy Christenson	Schroeder
M80-84	50 Breast	53.53	George May	Schroeder
F70-74	100 Breast	2:08.78	Candy Christenson	Schroeder
F70-74	200 Breast	4:40.50	Candy Christenson	Schroeder
M80-84	200 Breast	4:24.13	George May	Schroeder
M60-64	200 IM	2:58.93	Dave Ludeman	Schroeder
F70-74	200 IM	4:23.54	Candy Christenson	Schroeder
F25-29	400 IM	5:56.02	Rachel Mensch	Schroeder

New State Relay LCM Records

Age Group	Event	Time	Names	Meet
W 120-159	400 Free Relay	4:54.85	Wendy Blunt, Madison Boyle, Rachel Mensch, Kari Slawson	Schroeder
M 200-239	400 Medley Relay	5:10.29	Mark Larkin, James Biles, Thomas Grisa, Mark Pfaltzgraff	Schroeder
M 280-319	200 Free Relay	2:17.51	Art Luetke, Lawrence Mueller, Greg Hollub, Tom Meehan	Schroeder
M 320-359	200 Free Relay	4:01.06	Donald Jackson, Alex MacGillis, Bob Swain, George May	Schroeder

New State Individual LCM Records

Age Group	Event	Time	Name	Meet
M 65-69	1500 Free	24.01.24	David Watts	MN
F 25-29	1500 Free	15:49.16	Molly Woodford	MN
F 25-29	50 Fly	27.37	Hannah Saiz	IN
F 25-29	100 Fly	59.93	Hannah Saiz	IN
F 25-29	200 Fly	2:10.83	Hannah Saiz	IN

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Wisconsin Masters Swimming
236 N 110 PL
Wauwatosa, WI 53226